

Personality, Stress, and Disorders

Psychology

Mr. Coia

Tues 1/4

- Intro quiz
- Theories of Personality (p. 405)
- Begin Freudian Psychology
- Read "Psychoanalytic Theory" (406-410)
- Terms: Libido; id, ego, superego
- Role play the three parts
- 5 Stages of Development
- Oedipus Complex
- Decoding a Fairy
- *Uses of Enchantment* Readings

HW: Learning Goals Outline 1-13

Thurs 1/6

- "Psychoanalysis is Born" article (411)
- Review homework
- Finish *Enchantment* readings and discussions
- Freudian Slips
- Carl Jung (archetypes, collective unconsciousness, persona)
- Learning Goals 14-16
- Social Psychoanalytical Theories: Erik Erikson
- Erikson's Eight Stages (417-419)
- Complete Graphic Organizer

Mon 1/10

- Humanistic Theories of Personality (422-424)
- Learning Goals 25-28
- Review "Major Personalities Chart" p. 423
- Personality Traits (424-429)
- The Five Permanent Traits
- Birth Order Exercise

HW: Ask your parents if there were any traits in you at a young age. In other words, what personality trait in you now was seen early in your life?

Wed 1/12

- Begin "Conflict"
- Four types of conflict (461-462)
- Anxiety, Stress, Personality (462-471)
- Control and Self-Concept
- Take Control Test
- Take "Self-Concept" questionnaire

HW: Take a blank copy of Self-concept home for your parent to take for you. DO NOT LOOK AT THE RESPONSES

Fri 1/14

- Self-Concept comparison
- Defense Mechanisms (476-480)
- Pairs will teach by acting out a skit

HW: Artwork representing your defense mechanism

Wed 1/19

- Share defense mechanism artwork
- Skits
- Begin Psychological Disorders
- Define Abnormal Behavior (504-505)
- Anxiety Disorders
- Phobias (512-515)

Fri 1/21

- Finish disorders discussion (520-534)
- "Discovering Psychology": Psychopathology

Wed 1/26

- Exam Review (4th block)

Thurs 1/27

- Exam on 2nd Block
- **(Exam will cover this unit only)**
- Turn in textbooks (no book=no exam)

Content Standards

Theories of Personality

SS4b. Describe the effects of interaction between people and the environment.

SS3 Time, Continuity, And Change:

SS3a. Identify classical and modern personality theorists with emphasis on Freud, Skinner, Maslow and Rogers.

SS5 Individual Development And Identity:

SS5a. Evaluate the emotional, intellectual, and physical factors that influence the development of the individual from infancy to old age.

SS5b. Examine basic survival, psychological, and self-actualization needs as they relate to individual development and identity.

Dealing with Conflict and Stress

SS1a. Exhibit sensitivity to attitudes and values of others.

SS1b. Recognize the social influence of groups on attitude development, (e.g., conformity, prejudice, and obedience to authority).

SS3c. Evaluate the effects of perception, motivation, stress, environment, and personal experiences as they relate to one's view of self and the surrounding world.

SS6b. Examine how individuals, groups, and institutions react to stress and other emotional stimuli.

SS6c. Apply conflict resolution techniques to a variety of scenarios.

Psychological Disorders

SS3b. Recognize psychological disorders that "short circuit" a person's view of the world.